

# THE JEFFERSON JOURNAL

★☆☆ News from Jefferson Elementary School ★☆☆

*Land Acknowledgement: We acknowledge that we are on the unceded lands of the Spokane Tribe. The Spokane people shared this place with other tribes through their relations, resources, history, trade, and ceremony. We thank the caretakers of this land, who lived, and continue to live here Since Time Immemorial. This land holds the knowledge, culture, and spirit of "The People of the River."*



## PRINCIPAL'S CORNER

Hello all,

I often share with our young scholars the importance of being at school every day that they are not too ill to be here. But what does "not too ill" mean? Should I stay home if I have the sniffles? What about a sore throat? What if my stomach hurts? To help with these decisions, I will share a Health Guidance for Going to School document from [Attendance Works](#), a national non-profit that focuses on improving school attendance across the country.

As you review the document, there is one difference that is important for me to point out. In Spokane Public Schools, our practice is that a child with a fever should be fever free for 24 hours before returning to school to ensure they are not contagious and truly feeling better. This is different from their document shown below that states not having a fever "overnight."

Similar information can also be found on page 15 of Jefferson's [Scholar and Family Handbook](#) that can be found on our Jefferson [website](#) in the "students" drop down on the home page.

I encourage you to share this information with your young scholar so that they are aware and have an understanding ahead of that fateful day that they wake up not feeling their best. In continued partnership,

Brent



March 25, 2024

## CALENDAR

**March 25**

Variety Show Practice  
8:00-9:00am, Gym

Crisis Drill Today

Board Game Club  
3-4pm

**March 26**

Leadership Club 3-4pm

Sign Language 3-4pm

**March 27**

Group Picture Day

5th Grade Career Fair  
Field Trip

Music & Movement  
3-4pm

**March 28**

Grade 5 & 4/5 Combo  
Ukelele Music Fair  
4-5pm

**March 29**

School Spirit Day Pajama  
Day!

Toothsavers Event

**April 1-5**  
**SPRING BREAK**



Brent A. Perdue (he, his, him)  
Principal [brentp@spokaneschools.org](mailto:brentp@spokaneschools.org)



## Health Guidance for Going to School

**Showing up to school every day is critical for children's well-being, engagement and learning.**

**Make sure to send children to school if they are:**

- Generally healthy and well.
- Participating in usual day-to-day activities.
- Children can even go to school if they:
  - Have a mild cold, which may include a runny nose and/or cough.
  - Have eye drainage without fever, eye pain or eyelid redness.
  - Have a mild stomachache.
  - Have a mild rash with no other symptoms.
  - Have head lice. Though they are annoying and should be treated, lice are not a reason to exclude a child from school.
  - Haven't had a fever overnight and they have not taken fever-reducing medicine during that time.

**Avoid keeping children at home unless they are too sick to participate. Please see the back of this handout for details. Note that in most situations, a health-care provider's note is not needed to return.**

---

**Children may also avoid school due to anxiety (symptoms may include decreased appetite, feeling tired, stomachache, headache etc). If you are worried that your child may be suffering from anxiety, talk with your teacher, the school nurse, social worker or other school staff to discuss the challenge and identify what can help your child stay in school.**

---

**If your child has a compromised immune system or is at high risk for complications from common illnesses, please talk to your school (school nurse if available) about developing a plan with you and your child's health-care provider to keep your child healthy and safe while attending school.**

*Please note: This document is not meant to take the place of local health department/school district guidance including about contagious illnesses such as Covid-19 and the flu.*



## Reasons to keep me home from school and what needs to happen before I can return

What is my symptom?	When should I stay home and when to seek medical care?	When can I return to school?
<b>Fever</b>	I have a fever of 100.4°F (38°C) or higher. <b>Seek medical care</b> if I have fever and any of the following: ear pain, sore throat, rash, stomachache, headache or tooth pain.	If I have not had a fever overnight without the use of fever-reducing medication and I am feeling better.
<b>Vomiting and/or diarrhea</b>	If I have vomited 2 or more times in the last 24 hours. If my stool is watery and I may not make it to the toilet in time. <b>Seek medical care</b> if I have stomach cramping and fever, I have bloody or black stool, or I am showing signs of dehydration (tired and sleepy, dry mouth and not urinating at least once in the last 8 hours).	If I did not vomit overnight and I am able to drink liquids without throwing up. If my diarrhea has improved.
<b>Persistent cough or trouble breathing</b>	<b>Seek medical care</b> if I have a persistent cough, difficulty breathing or trouble catching my breath or if I develop a fever with the cough. These symptoms may be signs of Covid-19 or flu and should be evaluated by a health-care provider.	Once I am feeling better and I have been cleared for return by my health-care provider. If my symptoms were due to asthma, please make sure that I have permission to use breathing medication at school.
<b>Rash</b>	<b>Seek medical care</b> if the rash has blisters, is draining, is painful, looks like bruises and/or if I develop a fever.	Rash has healed or I have been cleared for return by my health-care provider.
<b>Eye irritation</b>	<b>Seek medical care</b> if I have eye swelling, eye pain, trouble seeing or an eye injury.	Once I am feeling better.
<b>Sore throat</b>	<b>Seek medical care</b> if I have drooling, trouble swallowing or a fever and/or rash.	Once I am feeling better. If I was prescribed an antibiotic by my health-care provider, then I can return 12 hours after the first dose, if I am without fever and I am feeling better.

*If you don't know whether to send your child to school or have specific concerns regarding your child's health, contact your child's health-care provider, a local urgent care or the school nurse.*



Wyatt W.  
Cole H.  
Jackson M.  
Kavir T.

Alessandra B. J.

Carter B.

Eleanor T.

Conway J.

Finley S.

Amelia J.

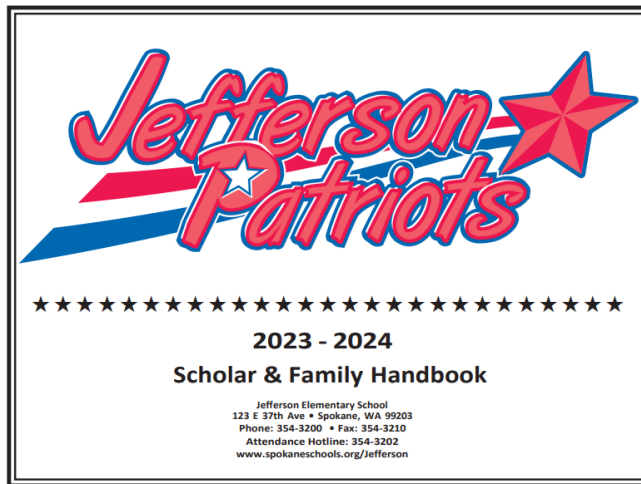
Arden H.

Brody D.

Evie W.

Jenna S.

Isla M.



**FROM YOUR**

**Jefferson Scholar & Family Handbook**

(located on the Jefferson Website in the "Students" dropdown menu or [click here](#))

**Address, Telephone Number(s) & Other Pertinent Information - p. 4**

It is important to keep the school informed at all times of any changes of your child's information, such as address or telephone number at home or work, neighbor to contact, and health information. Changes should be sent to the school office as soon as possible. This information is essential in order to provide assistance to your child in case of an emergency.

**TELEPHONE NUMBERS AND ADDRESSES**

Main Line 354-3200

Absence Line 354-3210

Fax 354-3210

Jefferson Elementary School 123 E. 37th Ave.

Spokane, WA 99203

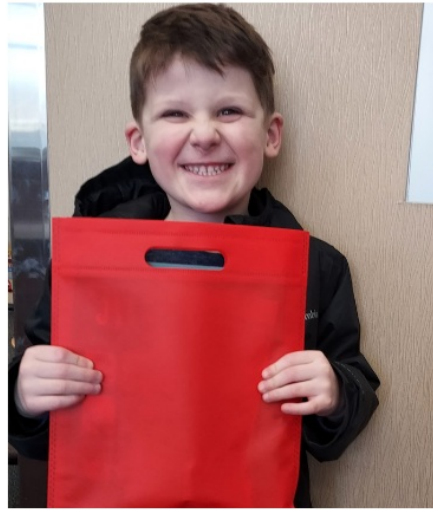
Jefferson Website Address: <http://spokaneschools.org/jefferson>

Spokane Public Schools Website Address:

<http://spokaneschools.org>







**WELCOME**

FUTURE KINDERGARTENERS

We are so excited to welcome our new Jefferson Kindergarteners for the 24/25 school year! Thank you to the Jefferson PTG for providing Kindergarten Welcome Bags filled with a special book, crayons and jitter glitter.



**PATRIOT PRIDE**





Peace  
Respect  
Integrity  
Diligence  
Empathy

Congratulations to **Ms. Mahoney's 5th graders** for recently filling up the 60 spaces on their classroom PRIDE posters!

Classrooms at Jefferson can earn stickers for their PRIDE posters when they collectively meet PRIDE expectations across the building. When their poster is filled with stars, classes receive a Smart Snack compliant treat and extra recess with Mr. Perdue or Mrs. Gage and Millie, Jefferson's emotional support dog. The five PRIDE expectations include: **P**eace, **R**espect, **I**ntegrity, **D**iligence and **E**mpathy.



## STEM Expo

**Brings out the Scientists, Technologists, Engineers & Mathematicians!**

### Jefferson Scientists Impress Judges at STEM Expo

Thursday night, March 14, was the culmination of a series of evenings highlighting science, technology, engineering and mathematics (STEM). The first event took place February 1st and saw local adults in the STEM field sharing their interests and expertise. This time it was the young Jefferson scientists' turn. Judges visited each student's project to provide feedback around their research and scientific process. Jefferson wishes to thank the many family and staff volunteers who helped make the evening a success and to parents, Kate Kearney and Kyle Riggs, along with science teacher, Mrs. Percy, for bringing Jefferson the joy of STEM! More pictures from the event can be found on Jefferson's [Facebook](#) and [Instagram](#) pages.



# CHESS CLUB CHAMPION

ETHAN THOMAS DEFEATED MILES THATCHER TO BECOME OUR SPRING CHESS CLUB CHAMPION. A FEW DAYS LATER, NATHANIEL PARISOT, THE FALL CHESS CLUB CHAMPION, CHECK MATED ETHAN IN A THRILLING MATCH TO BECOME THE OVERALL JEFFERSON CHESS CHAMPION FOR THE 2023/24 SCHOOL YEAR.

## THE PTG SCOOP

### PTG Upcoming Events

#### Variety Show Rehearsal

March 25  
8-9am

#### Variety Show Performance

April 19

Volunteers needed!

[jeffersonvarietyshow@gmail.com](mailto:jeffersonvarietyshow@gmail.com)



### Urgent: 5th Grade Memory Books

5th Grade Parents please submit photos, baby pictures and parent letters or advice to

[jeffersonpatriotmemories@gmail.com](mailto:jeffersonpatriotmemories@gmail.com)

#### April PTG Meeting

Tuesday 4/9  
6:30pm

Jefferson Library or on Zoom

[PTG Meeting Zoom Link](#)



Spokane Public Schools complies with all federal and state rules and regulations and does not discriminate in the admission, treatment, employment, or access to its programs or activities on the basis of age, sex, marital status, race, color, creed, national origin, the presence of any sensory, mental, or physical disability, to the use of a trained guide or service animal by a person with a disability, sexual orientation including gender expression or gender identity, or honorably discharged veteran or military status. This holds true for all students who are interested in participating in educational programs and/or extracurricular school activities, and provides equal access to the Boy Scouts and other designated youth groups.

Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX/Staff Civil Rights Officer, ADA Officer, Harassment, Intimidation, Bullying (HIB)/Student Civil Rights Officer and/or 504 Compliance Officer.

The following Civil Rights Compliance Coordinators have been designated to handle questions and complaints of alleged discrimination:

•Civil Rights Coordinator and Title IX Coordinator: Jodi Harmon, 509.354.7344

•Section 504 Coordinator: Melanie Smith, 509.354.7284

[Unsubscribe kevind@spokaneschools.org](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by natalief@spokaneschools.org powered by



Try email marketing for free today!